

Team 3

Carmen Champagne



*I'm dancing
because...*

As a survivor myself, I want to help make sure that everyone has the resources they need to safely escape an abusive relationship.

About me:

Carmen is an honorary native Athenian and a graduate of Cedar Shoals High School and the University of Georgia. She started professional life as an environmental educator and animal caretaker at Sandy Creek Nature Center and, after decades of battling body image and bra fit issues, opened Grail Bra Specialists.

A community asset dedicated to destigmatizing female-presenting bodies, Grail also houses the Athens Bra Bank, which provides professional fitting and gently used bras to those who would otherwise be unable to access them, including Project Safe shelter residents.

If you learn nothing else from Carmen, she hopes you'll remember there's no wrong way to have a body.